

Andi + YOGA

VIRTUAL YOGA FOR ALL LEVELS

Your payment will serve as confirmation that you have read and agreed to the following disclaimer:

Disclaimer

Anne Schroeder Yoga Waiver of Liability and Informed Consent:

I am voluntarily enrolling in a program of strenuous physical activity including but not limited to various yoga, breath, and meditation exercises offered by Anne Schroeder Yoga/Anne Schroeder. I hereby affirm that I am in good physical condition and do not suffer from any disability that would prevent or limit my participation in this exercise program.

In consideration of my participation in Anne Schroeder Yoga's exercise program, I, for myself and heirs and assigns, hereby release Anne Schroeder Yoga and Anne Schroeder from any claims, demands, and courses of action arising from my participation in the exercise program.

I fully understand that I may injure myself as a result of my participation in this exercise program and I hereby release Anne Schroeder Yoga and Anne Schroeder from any liability now or in the future including but not limited to heart attacks, muscle strains, pulls, tears, broken bones, shin splints, heat prostration, knee, back, or foot injuries and any other illness, soreness or injury however caused occurring during or after my participation in the exercise program.

I hereby affirm that I have read and fully understand the above.